



Emotional Intelligence: 70 Ways to Improve Your Emotional Maturity. Work on Your Emotional Development and Learn How to Control Your Emotions (emotional development, emotional iq, emotional maturity)

Robin Lawson

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If we call someone mature, then we are stating that they have the characteristics of a grown-up. As it were, this has turn into a word that implies the inverse of "immature." To be develop is to have learning and experience about the way the world works, and to have adjusted in like manner. Experienced individuals don't cry when they don't get something they need, or hit somebody they can't help contradicting, as a juvenile youngster may! This book is going to describe about the ways to improve your emotional maturity.

70 easy-to-follow ways will help you to get control over your emotions. This book is going to cover:

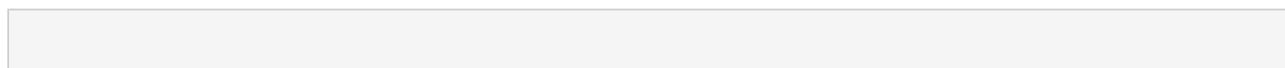
- The characteristics of emotional maturity
- Easy ways to develop maturity
- Effective ways to develop emotional maturity
- How you can work on your emotional development
- How to control emotion and much more.


You are an adult that does not mean that you are emotionally mature. So are you emotionally mature? Can you control any situation around you? Are you a responsible person? Are you a confident person? Read this book to know your nature. And if you are struggling to become emotionally mature, then this book will definitely assist you a lot

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Barbie Brookins:

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Guadalupe Marshall:

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