



**TEEN: How To Say No (For Teens) (Say No More,
Teen Books, Say No, Self Help, Self Help Books)
(When I Say No I Feel Guilty, Self Confidence,
Teen Self ... Help Books for Women, Social Skills
Book 1)**

Jennifer Love

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Do You Want To Learn The Easiest Ways To Say No?

Peer Pressure makes it hard to say "no", especially when it seems like everyone is saying, "Don't worry, no one will find out. Everyone is doing it."

The consequences of not saying "no" can include jail, destruction of relationships with friends and parents, and even death.

You'll soon find out:

- The Best Ways To Resist Peer Pressure
- Skills For Saying "No" To The Pressures Of Sex, Drugs & Alcohol
- How To Find Friends That Are Good For You
- Where To Go If You Need Help
- And Much, Much More!

****Includes A Special Surprise At The End****

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