



The Journey...and the voice, the signal and the noise

Vijay Baldev Mehra

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As Amar starts his journey, he has no idea that this “little journey” is going to give him insights into the big one, the journey of life. Throughout the flight, Amar zones in and out of scenes from his life—his highly successful career, his successes and failures as a human being. And for the first time, he starts to listen to the voice and fathom its deep and unshakable wisdom. He had heard the voice many times before in his life, but he was not listening then. He listens now. And he learns of the signal. And the noise. And their interplay. And he develops uncanny insights into the journey, the big one—the Journey of Life. He learns to appreciate it, to live it, to love it for all its beauty. All its promise. And all its imperfections. And the voice speaks again to Amar, saying, “Remember, it’s all good...This is all good.”

Meant to start a process of inquiry, rather than to supply any concrete answers, *The Journey...and the Voice, the Signal and the Noise* may prompt readers to look deeper into their own lives. Says the author, “I hope, after reading my novel, that readers feel warmer, bigger, and a little more whole.”

“Three Stars...a pleasant read.”

--ForeWord Reviews

“Readers searching for spiritual beginnings will find a soft launching pad here.”

--Kirkus Reviews

“Here is humor and wisdom and much that those of us who have made the same journey will identify with. I recommend it to anyone who is looking for insights into the experience of “growing up”, about the life trajectory of a high flying ivy-league educated professional, and to those who would simply like a good laugh!”

Abhishek Bhartia

Director

Sitaram Bhartia Institute of Science & Research

New Delhi

India

“*The Journey...and the Voice, the Signal and the Noise* is an entertaining and enlightening metaphorical trip from the ego to the spiritual. As he reflects upon his past, Amar realizes that the experiences he considered detours in life were actually the true journey. This is a “Journey” that is utterly relatable, often humorous, and ultimately intellectually and emotionally satisfying.”

Alexander A. Lach, Ph.D.

Beverly Hills, CA

USA

“Mr. Mehra elicits the inner soul in each of us through this book as he helps us understand that life is not a destination...but in essence a journey. Within each milestone that Amar takes in this book, Mr. Mehra teaches us how to best live our own unique lives and differentiate what is important to each of us (signal) and what just passes as everyday life (noise) that we need to deal with, but not be fixated on.

I would recommend this book to anyone who believes that the ‘fast track’ is the sole purpose in life and is looking at an approach to be better grounded. Mr. Mehra’s insightful story teaches us what the right path

might be...but we have to find it in ourselves.”

Joel C. Polakoff

Senior Partner

CSC Healthcare

Chicago, IL

USA

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David Gonzales:

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Jennifer Powell:

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