

# Mending Tomorrow: Choosing Hope, Finding Wholeness

Alyssa Quilala



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Mending Tomorrow is a book about the questions of life--not the questions we ask of life, but the questions life, and the Author of life, asks of us. "How will you respond to this? What kind of person will you be?"

Many of these questions we would rather not answer. We'd rather God not ask us to respond to loss, pain, betrayal, and disappointment. For author Alyssa Quilala, the hardest question to answer after the death of her baby son was, "Will you trust God?" Choosing to get up each morning and say "yes" was a daily battle, but she knew it was the battle for herself--and for all those who needed her "yes."

In Mending Tomorrow, Alyssa invites you readers to join her in learning how to respond well to this and other challenging and important questions. How do you handle emotional pain? How do you overcome fear of loss or failure? How do you be yourself in a world that wants you to be someone else? How we respond is ultimately who we become. Our tomorrows will be mended, or broken, by how we answer these questions today.

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