



Play Baseball the Ripken Way: The Complete Illustrated Guide to the Fundamentals

Cal Ripken Jr., Bill Ripken, Larry Burke

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Every year, hundreds of thousands of children play “Cal Ripken Baseball” in the largest division of Babe Ruth League, Inc. **Play Baseball the Ripken Way** is the ultimate guide to playing the game, by one of the sport’s living legends.

Baseball is America’s national pastime, but that doesn’t mean we’re all born naturals. Kids of all ages (and their parents) are eager to improve specific skills, and now they can learn from one of the most respected baseball families in history. Cal and Bill Ripken have written a thoroughly illustrated instructional book that clearly explains proper baseball fundamentals—hitting, fielding, baserunning, pitching, and much more.

Based on the teachings of the late Cal Ripken, Sr., a player, coach, manager, and scout in the Baltimore Orioles system for thirty-seven years, **Play Baseball the Ripken Way** shows players just what they need to do to be their best while maintaining a sense of fun and accomplishment with every new lesson. The Ripken Way consists of the following principles:

*Keep It Simple: Teaching that is too complicated is difficult to remember and can result in frustration.

*Explain Why: A teacher who cannot explain why is not truly teaching. Lessons that make sense will stick with players.

*Celebrate the Individual: No two players are alike, so why treat them as if they are?

*Make It Fun: The game gets serious enough quickly enough on its own. Drills and instruction should be structured so that players can enjoy themselves while learning.

The book also includes tips for parents and coaches, practice workouts, and drills for players of every level.

From the Hardcover edition.

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