

# Chronic Inflammation: Molecular Pathophysiology, Nutritional and Therapeutic Interventions



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Although acute inflammation is a healthy physiological response indicative of wound healing, chronic inflammation has been directly implicated in a wide range of degenerative human health disorders encompassing almost all present day non-communicable diseases including autoimmune diseases, obesity, diabetes and atherosclerosis. **Chronic Inflammation: Molecular Pathophysiology, Nutritional and Therapeutic Interventions** provides an exposition of the process of chronic inflammation in three parts:

- 1. *Systems Biology of Inflammation and Regulatory Mechanisms* describes the process of chronic inflammation including initiation, progression, and resolution.
- 2. *Pathologies Associated with Inflammation* gives a rigorous and critical treatment of specific human health disorders where chronic inflammation plays a major role.
- 3. *Nutrition & Therapeutics for Inflammatory Diseases* details the protective abilities of structurally diverse antioxidants, phytochemicals, anti-inflammatory diets, omega-3 fatty acids, NSAIDs, disease modifying anti-rheumatic drugs, and novel regimens.

Designed for scientists as well as clinicians, **Chronic Inflammation** provides critical understanding of the key checkpoints that regulate chronic inflammation. Going beyond the epidemiology of chronic inflammation, the text covers regulatory mechanisms controlling inflammation initiation, progression, and resolution. The authors address pathologies associated with inflammation and provide various nutritional and therapeutic interventions for inflammatory diseases.

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