



# Practicum and Internship: Textbook and Resource Guide for Counseling and Psychotherapy

*Judith Scott, John C. Boylan, Christin M. Jungers*

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Completely revised and updated, the fifth edition of *Practicum and Internship* is an eminently practical resource that provides students and supervisors with thorough coverage of the theoretical and practical aspects of the practicum and internship process.

New in this edition are:

- an accompanying website with downloadable, customizable forms, contracts, and vitae
- thoughtful discussion of the DSM-5 and HIPAA guidelines and the most recent CACREP standards
- expanded analysis of the use of technology and social media in counseling
- expanded discussions of ethical-decision making and ethical guidelines for informed consent and for supervision contracts in individual settings
- new and updated materials on case conceptualization, assessment, goal setting and treatment planning
- new materials reviewing third-wave counseling theories and practices, including MBSR, MBCT, ACT, and DBT
- detailed presentation of a skill-based model for counseling training and self-assessment questionnaires and guided-reflection exercises for application and orientation to the model.

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