



Mansions of the Heart: Exploring the Seven Stages of Spiritual Growth

R. Thomas Ashbrook

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A practical program for developing a deeper, more authentic relationship with God

Written for anyone who wants to develop a deeper more meaningful relationship with God, *Mansions of the Heart* offers a step-by-step guide through a spiritual formation road map based on Teresa of Avila's Seven Mansions. The book includes a Mapping Tool that will help you discern your place on your spiritual journey and offers church leaders a process for helping church members to grow into spiritual maturity.

- Contains a spiritual program based on the writings of Teresa of Avila, one of Christianity's most profound and beloved mystical teachers Offers a complete, step-by-step program for spiritual growth
- Includes information for leading others in their spiritual journeys
- Appropriate for all kinds of Christians

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