



Living With Terror, Working With Trauma: A Clinician's Handbook

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Terrorism and war have engendered a special set of people with distinctive and uniquely contemporary therapeutic needs. How do we cope with the personal experience of political violence?

Living with Terror, Working with Trauma addresses the ways that mental health practitioners can assist survivors of terrorism. Drawing upon the experience of leading practitioners and renowned experts throughout the world, this edited volume explores the most innovative methods currently employed to help people heal—and even grow—from traumatic experiences. It argues for a multi-dimensional approach to understanding and treating the effects of terror-related trauma.

Comprehensive in scope, *Living with Terror, Working with Trauma* covers psychodynamic, cognitive-behavioral, existential, and neuro-physiological techniques for working with individuals and groups, children and adults, both in the clinic and in the field. The contributors share their personal and clinical experiences in Hiroshima, Cambodia, the Middle East, Vietnam, and other sites of mass violence and terror, including the Holocaust. A special section is devoted to the September 11th.

As it addresses the basic existential challenge of finding meaning and creatively transforming one's experience of terror and trauma, this volume explores the territory, identifies the key problems, and presents effective therapeutic solutions.

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Ian Sharpless:

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