



The Raw Truth About Milk: How Mankind is Destroying Nature's Nearly Perfect Food and Why Raw Milk Can Save Your Life

William Campbell Douglass II MD

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If you knew what we know about milk...BLEEECHT! All that pasteurization, homogenization and processing is not only cooking all the nutrients right out of your favorite drink. It's also adding toxic levels of vitamin D. This fascinating book tells the whole story about milk. How it once was nature's nearly perfect food...How "raw," unprocessed milk can heal and boost your immune system ~ why you can't buy it legally in this country anymore, and what we could do to change that.

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