



# Emotionally Free: A Prescription for Healing Body, Soul and Spirit

*Grant M.D. Mullen*

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## **Emotionally Free: A Prescription for Healing Body, Soul and Spirit** Grant M.D. Mullen

More and more individuals every year suffer the devastating effects of depression. In this forthright and compassionate study, Grant Mullen, a medical doctor, helps readers identify symptoms of depression and understand three viable paths of treatment-medication, deliverance, and inner healing. Dr. Mullen explores the medical, spiritual, and inner healing aspects of this disabling and often misdiagnosed condition. From a sound scriptural foundation, he discusses physical causes of depression, exposes Satan's part in deceiving those who are suffering, and offers principles to help the reader learn to "reconnect" head and heart, find self-acceptance, and learn to trust our heavenly Father in a new and joyful way. "Dr. Mullen offers a prescription for the body, soul, and spirit. You will be helped as he shares how you, too, can be physically, mentally, and emotionally healthy. I encourage you to study this very readable book. You just may be set free in Christ." --from the foreword by Dr. Neil T. Anderson

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