



Sexy Confidence, Feel Attractive Now with Hypnosis, Meditation, and Affirmations: The Sleep Learning System

Joel Thielke

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Feel sexy and confident, and own your attractiveness with this guided meditation and relaxation program, from certified hypnotherapist, Joel Thielke.

It's as easy as turning on the tracks and falling asleep!

The Sleep Learning System is specially designed to work with your subconscious mind during your sleep cycle. The guided meditation and soothing background music will deeply relax your body and mind for the perfect night's sleep, while allowing you to access the deepest parts of your mind.

Three inductions give you options for each session, or listen to the entire album. It's your choice!

You'll feel well rested and energized when you wake up, and with every time you listen, you will feel more confident and sexy.

Joel Thielke's guided mediation system gives you positive suggestions that will help you quiet your mind and melt away stress, leaving your body deeply relaxed for a great night's sleep. While you're sleeping, the program will help remove negative beliefs and create positive beliefs and confidence.

The special inductions will gently guide you into your REM stage of sleep, working with your subconscious to make lasting change that you can see.

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From reader reviews:

Sharon Gaines:

Have you spare time for just a day? What do you do when you have far more or little spare time? Yep, you can choose the suitable activity intended for spend your time. Any person spent their spare time to take a wander, shopping, or went to the particular Mall. How about open or even read a book called Sexy Confidence, Feel Attractive Now with Hypnosis, Meditation, and Affirmations: The Sleep Learning System? Maybe it is to be best activity for you. You understand beside you can spend your time using your favorite's book, you can more intelligent than before. Do you agree with their opinion or you have other opinion?

Alan Johnson:

Playing with family inside a park, coming to see the ocean world or hanging out with pals is thing that usually you could have done when you have spare time, and then why you don't try issue that really opposite from that. Just one activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you have been ride on and with addition of information. Even you love Sexy Confidence, Feel Attractive Now with Hypnosis, Meditation, and Affirmations: The Sleep Learning System, you can enjoy both. It is great combination right, you still desire to miss it? What kind of hang type is it? Oh can occur its mind hangout people. What? Still don't have it, oh come on its named reading friends.

Lula Barnes:

Does one one of the book lovers? If yes, do you ever feeling doubt if you find yourself in the book store? Make an effort to pick one book that you just dont know the inside because don't determine book by its handle may doesn't work here is difficult job because you are afraid that the inside maybe not since fantastic as in the outside seem likes. Maybe you answer might be Sexy Confidence, Feel Attractive Now with Hypnosis, Meditation, and Affirmations: The Sleep Learning System why because the excellent cover that make you consider about the content will not disappoint a person. The inside or content will be fantastic as the outside or perhaps cover. Your reading 6th sense will directly direct you to pick up this book.

Patricia Northcutt:

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