



# **The Playing Cure: Individualized Play Therapy for Specific Childhood Problems (Child Therapy (Jason Aronson))**

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## **The Playing Cure: Individualized Play Therapy for Specific Childhood Problems (Child Therapy (Jason Aronson))**

*The Playing Cure* focuses on the curative powers of play and the application of play therapy to a wide variety of psychological problems. The authors present a prescriptive approach built on years of research. With clear examples, they demonstrate how play therapy can be adapted to the treatment of many distinct clinical populations including Attention Deficit Hyperactivity Disorder (ADHD), Post-Traumatic Stress Disorder (PTSD), anxiety disorders, and adjustment reactions. This innovative approach challenges clinicians to implement a broad range of interventions that can be fine-tuned to the needs of each child.

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