



The Leadership Equation: Strategies for Individuals Who Are Champions for Children, Youth, and Families (SCCMH)

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When mental health professionals are promoted into leadership roles, they're often expected to "hit the ground running" with little training or experience. This eye-opening book is the perfect way for new leaders to fill that gap in professional development—and help their organization meet the needs of children and families.


Bringing to book form the principles and practices behind the renowned Georgetown University Leadership Development Program, this essential resource dispels the myths about good leadership and sheds light on the values and actions that steer an individual and an organization toward success. Mental health administrators and program developers will


- **learn about five effective leadership styles**—and how to choose the right one for different contexts and situations
- master the **shift between multiple leadership functions** within their organization or system
- develop specific **skills and attitudes associated with good leadership**, such as being flexible, welcoming diverse perspectives, and knowing when to relinquish some control
- **build productive, collaborative relationships** with a wide array of providers, consultants, case managers, and community agencies
- **overcome personal, organizational, and environmental obstacles** to effective leadership
- **strengthen resilience** by using proven strategies for managing stress and adversity
- ensure that their **personal values** align with a strengths-based, family-centered, and culturally competent system of care

Throughout the book, the expert contributors distill the best of today's theory and research on leadership and bring key points to life with real-world examples and anecdotes. And practical worksheets help readers address conflict, improve their resiliency, clarify their views of leadership, collaborate effectively during team meetings, and more.

No matter where readers are on their leadership journey—whether they're new to their roles or veterans seeking to renew their passion and commitment—this book will help them master the skills they need to guide and motivate staff, bring about positive systems change, and ensure the best outcomes for children and families.

Learn more about the *Systems of Care for Children's Mental Health* series.

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