



The Whole Family Cookbook: Celebrate the goodness of locally grown foods

Michelle Stern, Matthew Carden

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There's no better way to teach your children to eat fresh, healthy, organic food than with recipes you can cook and eat together! Written by the founder of San Francisco's premier children's cooking school and award-winning, green-parenting blogger Michelle Stern, this cookbook gives your family the resources you need to cook delicious, local food in any season including:

- **Practical advice** like how to pick the best of local and natural food without spending too much time or money.
- **Color-coded instructions** that guide kids of all ages through age-appropriate steps in *every* recipe.
- **More than 75 organic, family-friendly recipes** and beautiful 4-color photos that will get *everyone* excited about what's for dinner!

Whether you're cooking Summertime Kabobs on a balmy June evening or Sweet and Savory Turnovers for a toasty winter breakfast, your family will learn to love the wholesome food - and priceless memories - you can make *together*.

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