

# We Are AnTaRa, Book 1: Explorations into the Metaphysical

Liz Miller, Connie Knox



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We Are AnTaRa, Book 1: Explorations into the Metaphysical Liz Miller, Connie Knox The We Are AnTaRa trilogy takes readers on a spiritual journey. The books are informative, uplifting and compelling. AnTaRa was introduced to us quite abruptly in the fall of 1998 during a futuristic hypnosis session to explore one of Liz Miller's lives when it suddenly took an entirely new turn and out of her mouth came the words, "Good Evening, We Are AnTaRa." These sessions expanded to group sessions with many attendees who were interested in exploring future probabilities and spiritual growth. AnTaRa is an aspect of Liz, set in a future time and nonphysical dimension. This trilogy outlines the possible evolution for mankind over the next twelve years as seen by AnTaRa. What happens up to 2012 and after is discussed in each of the books. We Are AnTaRa books are especially important because it is intended to prepare readers for future earth changes, political and global events. It also addresses our spiritual guides, angels, evolution and the Spiritual Hierarchy as they pertain to our daily lives. We Are AnTaRa books offer riveting information about many unusual things which are fascinating. AnTaRa talks to our souls and conjures up deep awareness that has resided in us for eons. These books clarify some of the mysteries of the spiritual world and are a pleasure to read. Book 1 introduces AnTaRa and explains who they are, where they are from and how we started this journey. AnTaRa explains what spiritual guidance is and how to tap into it, the higher purpose of 2012 and beyond. "Many people think when they first learn about spirit guides that it will amount to hearing voices or "seeing" their guides there with them. Or they will be awakened in the middle of the night with tremendous insights or ideas. For some that is true, but not everyone has the same experience. We all have different ways of connecting to our spirit guides, and it's not always what you think it is." AnTaRa, Book 1.

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