



# You're Already Hypnotized: A Guide to Waking Up

*Cynthia Morgan*

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# You're Already Hypnotized: A Guide to Waking Up

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## **You're Already Hypnotized: A Guide to Waking Up** Cynthia Morgan

In this groundbreaking audiobook, renowned hypnotherapist Cynthia Morgan brings together hypnosis and a course in miracles for the first time. Using these life-changing tools, she explains how our minds have become hypnotized by false beliefs and provides step-by-step guidance on how to realize your true potential. *You're Already Hypnotized* is a unique blend of information and a powerful self-healing system. It includes instructions for over 40 self-hypnosis sessions, a year's worth of daily reprogramming affirmations, and other tools that the author has used to help thousands of clients awaken. Combining true-life anecdotes and inspiring examples, and packed full of information, this audiobook offers practical tips and all you need to heal every area of your life: relationships, money, health, career, addictions, sex, and more. With this audiobook as your guide, you will learn to wake up to a more fulfilled life.

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